

[www.cambridgefoodcoop.com](http://www.cambridgefoodcoop.com)

1 West Main Street Cambridge, NY

Phone: (518) 677-5731

Mon – Sat 10am to 6pm

Thurs until 8pm & Sun 11am to 2pm

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## Cambridge Food Co-op

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The Cambridge Food Co-op opened in 1976. We are a New York State, not-for-profit corporation, member-owned and run. The Co-op is dedicated to serving members and the larger community with wholesome foods at reasonable prices.

Everyone is welcome at the Co-op, both members and non-members. We rely entirely on members to cover the store each day, determine the regulations and rules, elect members of the Advisory Board and, in general, work toward the goals and principles expressed in our by-laws.

The Co-op is working to support local food products and agriculture.

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## Membership

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Membership is a household membership. Food purchased at discount price by working members is only for personal use.

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## Cambridge Food Co-op Membership Options

Four Membership Options  
One Great Co-op

# Membership Options

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## **WORKING MEMBERSHIP**

(single or double)

- § annual member-owner equity fee of \$20 per household, non-refundable
- § register discount of 15%
- § membership card kept at register
- § pre-order discount : single membership cost plus 20%; double membership cost plus 10%
- § single membership requires one 3 and ¾ hour shift per month per household
- § double membership requires two 3 and ¾ hour shifts per month per household

## **SUPPORTING MEMBERSHIP**

(non-working)

- § annual member-owner equity fee of \$20 per household, non-refundable
- § register discount of 2%
- § membership card kept at register
- § pre-order discount cost plus 35%
- § no work requirement

## **SUPER WORKER MEMBERSHIP**

(committed weekly shift worker)

- annual member-owner equity fee of \$20 per household, non-refundable
- § register discount of 22%
- § membership card kept at register
- § pre-order discount cost plus 10%
- § available to a limited number of members by application to the managers

## **LIFETIME SUSTAINING MEMBERSHIP**

(may be supporting or working)

- § one-time equity investment fee of \$500 or more, non-refundable
- § register discount depends of whether supporting or working (2% or 15%)
- § membership card kept at register
- § pre-order discount depends on whether supporting or working

## **ALL MEMBERSHIPS**

- Membership cards kept at register to be presented at checkout.
- Members experiencing financial hardship may apply to the managers for a waiver of the annual fee. They will be asked to work an extra shift during that year.
- Regularly-scheduled special discount offerings and sale events will be offered throughout the year for all members.

Join today!

Work + Training =  
Responsibility

**New members begin with a training shift to introduce themselves to Co-op operations. The new member should contact the Co-op trainer to arrange a time for the first training session – a**

**one-on-one overview of Co-op procedures and the store. The new member then works a regular 3 and ¾ hour shift shortly after the training (within the same month if feasible). Double working members work a second shift during the first month and then two shifts each month thereafter.**

**Members are encouraged to attend the October and January membership meetings and any special meetings that may be called. The Advisory Board welcomes participation of members in its monthly meetings (except during personnel discussions). Meeting notices are posted on the bulletin board.**

## Shift Hours

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Monday – Saturday shifts available:

- § 9:45am to 1:30pm
- § 10:45 am to 2:30pm
- § 1:30pm to 5:15pm
- § 2:15pm to 6:00pm
- § 5:00pm to 8:15pm Thursday only

Sunday shifts available:

- § 10:45 am to 2:30 pm